

Operating and Maintenance Instructions Joyblance Basic

***READ BEFORE USE
THE JOYBLANCE AND
OBSERVE ALL
WARNINGS!***

*THANK YOU FOR YOUR
PURCHASE AND THE
TRUST THAT HAS BEEN
SET IN US.*

With the Joyblance Basic you have chose a branded product „Made in Germany“. As a sports equipment, it is produced according to the applicable EU regulations.

Stabilization, coordination and reflex training in a new dimension and variability. With Joyblance the exercises can be adapted to your age, the existing possibilities and your training needs. Due to the stepless adjustment of the elastic support bands, the infinitely adjustable tension bands and the different bandwidths, the stabilizing muscle groups of all joints can be additionally addressed down to the depth.

Stepless adjustment:

By simply moving the support straps outwards, you can reduce the stability of the tension band.

By slightly turning the star handles (maximum two turns), the tension and stability of the respective tension band can be reduced.

By loosening the star handles, the strap can be removed. **CAUTION:** The strap must not be loosened until the support straps have been removed before! A new strap can then be placed in the middle of the U-bracket. By slightly turning (at least three revolutions per star grip) of the star handles, the tension band can be used again ready for use.

The Joyblance is delivered ready to use. If necessary, the tension of the tension belt can be adjusted with the star handles. Please do not make your own changes to Joyblance. Please pull the star handles after two months if necessary.

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(haftungsbeschränkt)

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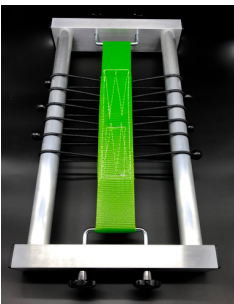
Instagram: joyblance_official

YouTube: Joyblance

CAUTION - WARNINGS!

- The Joyblance Basic is made of untreated aluminum. Therefore, scratches or discoloration are possible and in no way affect the functionality.
- Avoid contact with pointed and sharp objects (such as broken glass, sharp stones in the shoe soles), as these can damage the joyblance. Do not throw the joyblance and loose items.
- Openings on all parts may contain sharp edges. Risk of cutting!
- Exercise barefoot, with sports shoes or normal, sturdy footwear. Never with socks. Please check liability before use!
- **ATTENTION!** The removal of the tension belt by loosening the star grips must not take place until the elastic support straps have been removed.
- Before using the Joyblance, check for any damage and a tight strap, otherwise safe handling of the Joyblance can not be guaranteed.
- The Joyblance must be horizontal, on a stable and dry surface to ensure that the Joyblance can not slip sideways during the exercises.
- When practicing on Joyblance, make sure that the environment within a radius of the user's body length is free of objects that can injure the user.
- Jumping on the Joyblance or jumping into the Joyblance is not possible, as this can lead to injuries.
- Children should only use Joyblance under the supervision of adults.
- In case of dizziness or nausea, the training on Joyblance should be stopped immediately.

„become stable“



Temperature - Resistance:

The device should ideally be used at room temperature.

Maintenance:

For cleaning, you can use all mild, commercially available cleaning agents and disinfectants. Solvent-based, acidic or corrosive cleaners attack the material. The wood panels should be cleaned with standard wood cleaners, and be stored dry accordingly.